**First Aid Activity**

First aid is the immediate care someone is given when they are hurt or sick. First aid kits include some items needed to give this early care. People trained in CPR and first aid are best able to help in emergencies. It is important to call 911 when an injury or illness is severe. Learn more about what types of injuries need first aid.

# Materials

* **PebbleGo Next Health** article “First Aid”
* writing utensil
* paper
* art supplies such as colored pencils, crayons, or markers

# Directions

1. Read the **PebbleGo Next Health** article “First Aid.”
2. Choose a situation in which first aid would be needed. An example of a situation might be falling down and scraping your knee.
3. Fold a piece of paper in half widthwise. On the left side of the paper, draw a picture of the chosen situation. Add a short description. On the right side, draw a picture of first aid being administered. Include a short description of what is happening in the picture.
4. Flip over the paper. Repeat steps 2 and 3 with another situation in which first aid would be needed.
5. Share your paper with a classmate. Then, look at your classmate’s paper.

# Critical Thinking

1. How are your and your classmate’s papers similar? How are they different?
2. How could you help if someone needs first aid?
3. What are some situations in which first aid is needed, and how can it be helpful?